



Maine Township
1700 Ballard Road
Park Ridge, Illinois 60068

Special Township Board Meeting

NOTICE IS HEREBY GIVEN that a Special Township Board Meeting of the Maine Township Board, Cook County, Illinois will be held on Monday, March 23, 2020 at 3:00 p.m. in accordance with Section 80-10(b) of the Illinois Township Code, 60 ILCS 1/80-10(b).and pursuant to Governor Executive Order 2020-7 (Section 6). Said meeting has been called by Township Supervisor Laura Morask. The meeting will be held virtually using zoom video conferencing for purposes of considering the following agenda:

SPECIAL BOARD MEETING AGENDA

NOTE: Maine Township is committed both to open, transparent government, and to stopping the spread of COVID-19. To facilitate this, this Special Board meeting will be held electronically, but equally transparently. We encourage the public to participate in our meeting electronically by joining our Zoom meeting. The link is <https://zoom.us/j/519490330> and also through our website.

1. Call Meeting to Order
2. Pledge of Allegiance
3. Roll Call
4. Public Participation
5. New Business; Discussion and Vote
6. Discussion and Potential Action to Approve Annual Town Meeting Agenda
7. Discussion and Potential Action to Move Date of Annual Township Meeting to April 21, 2020 to Avoid Conflict with Passover Pursuant to Section 60 ILCS 1/30-5(b)
8. Personnel: Hiring of Therapist MaineStay
9. Township Declaration of Local Emergency Disaster/Township Covid-19 Response/Services
10. Closed Session
11. Adjournment

Peter Gialamas
Maine Township Clerk

**Maine Township
Annual Town Meeting Agenda
April 21, 2020
7:00 p.m.**

- 1. Call meeting to order**
- 2. Pledge of Allegiance**
- 3. Selection of Moderator and Parliamentarian**
- 4. Old Business**
 - * Approval of Minutes of the 2019 Annual Town Meeting
 - * Supervisor's Report
 - * Awards Presentation
- 5. New Business**
 - Sgt. Karen Lader Memorial Good Citizen Award
 - Approval of Resolution 2020-3 Establishment of Date for 2021 Annual Town Meeting
 - Approval of Resolution 2020-4 Compensation of Moderator
- 6. Public Comments**
- 7. Adjournment**

Memo



To: Maine Township Board

From: Richard Lyon, MaineStay Youth & Family Services Director

Date: March 11, 2020

Re: Family Therapist Position

Attached please find cover letter and resume for the candidate we are recommending for the position of Family Therapist. This position became open when Family Therapist Naomi Bowman was promoted to the position of Assistant Director on February 25, 2020.

Director Richard Lyon, MA, LCPC, CADC
MaineStay Youth & Family Services
1700 Ballard Road
Park Ridge, IL 60068

19 February 2020

Dear Director Lyon,

It is with great enthusiasm that I am applying to be a Family Therapist with MaineStay Youth & Family Services. As you will find in my attached resume, I am a Licensed Professional Counselor (LPC) in the state of Illinois. I most recently worked as an Outpatient Therapist at Leyden Family Service & Mental Health Center with a caseload comprised of children, adolescents and adults from varied contexts and identified needs.

My experience in community mental health afforded me the opportunity to work with individuals wrestling with persistent mental illness (i.e. Schizophrenia, Personality disorders, etc.) and complex trauma cluttered throughout their narrative. Many of my clients simultaneously grappled with anxiety, depression, life transitions and substance use. Much of my work involved supporting clients as they learned how to assertively establish interpersonal boundaries and heal from relational traumas.

My theoretical approach blends psychodynamic, family systems and humanistic modalities to help people identify how past wounds affect their life in the present. I enjoy integrating expressive therapies such as art, writing, music and sand tray in my work to strengthen the therapeutic rapport. Each person's path towards restoration is unique. I receive the privilege to enter the sacredness of people's vulnerability with deep gratitude, and I am committed to honoring the pace of their trust.

I am compelled by MaineStay's dedication to ensuring accessibility for all Maine Township residents to support the growth of healthier families using a strengths-based approach. My cross-culturally informed training in trauma-focused interventions and my work with children, adolescents and adults with disabilities and/or histories of abuse/neglect has equipped me to work with people of multiple backgrounds. Furthermore, I am hoping that the chance to work with MaineStay would allow to me continue applying my clinical interests of trauma-focused care and restorative work with persons who have been marginalized and wounded by our society on the basis of racial and/or ethnic identification, age, socioeconomic status, and/or gender.

I am sure that I would learn a wealth of knowledge from the professionals at MaineStay Youth & Family Services. I look forward to discussing my qualifications with you. Thank you for your time and consideration.

Gratefully,

EDUCATION

Clinical Mental Health Counseling, MA

Wheaton College Graduate School
(CACREP accredited)

2016 – 2018

Creative Writing, BA

University of Illinois at Chicago

2010 – 2014

LICENSE & CERTIFICATIONS

Licensed Professional Counselor (LPC)

License No: 178.014.140

National Certified Counselor (NCC)

Trauma-Focused CBT (Completed Online Certification)

Psychological First Aid (Completed Online Certification)

LANGUAGES

English

Spanish (Conversational)

Tagalog (Filipino)

linkedin:

EXPERIENCE

Outpatient Therapist | Leyden Family Service & Mental Health Center Franklin Park, IL / May 2019 – December 2019

- ✦ Maintained caseload of 25-30 clients comprised of children, adolescents and adults who have experienced complex trauma and experience symptoms related to anxiety, depression, substance abuse gender dysphoria and other issues related to mental health

- ✦ Conducted intakes using IM+CANS assessment tool for clients with Medicaid, assigned diagnoses, identified needs and developed treatment plans outlining client goals, objectives and therapeutic interventions, used to guide clients towards progress

- ✦ Provided individual therapy sessions utilizing approaches that are cross-culturally informed while integrating Psychodynamic, Humanistic and Existential modalities

- ✦ Collaborated with staff psychiatrist and attended treatment team meetings for participate in client centered consultation

Aftercare Clinician | Leyden Family Service & Mental Health Center Franklin Park, IL / September 2018 – May 2019

- ✦ Engaged clients in their milieu and empowered them in their context through community support, case management, individual therapy and facilitation of psychosocial rehabilitation groups

- ✦ Maintained a caseload of 7-9 clients wrestling with severe and persistent mental illnesses (e.g. Schizophrenia, Borderline Personality Disorder, Bipolar Disorder, Post-traumatic Stress and Gender Dysphoria) and utilized strengths-based approach to motivate improvement with their independent living skills and Dialectic Behavioral Therapy (DBT) to help clients learn how to emotionally regulate and increase their distress level tolerance

- ✦ Evaluated and screened client candidates for the Transitional Living Program through interviews and following up with provided references

Counseling Intern | Trinity Christian College Counseling Center Palos Heights, IL / August 2017 – May 2018

- ✦ Engaged with college students seeking therapeutic services for challenges related to anxiety, adjustment disorder, depression, trauma and substance abuse

- ✦ Received individual & didactic supervision and learned how to conceptualize and present clinical cases

Research Assistant | Wheaton College Graduate School Wheaton, IL / September – December 2017

- ✦ Managed professor's research on cross-racial trust factors between people of color who have had White mentors in the counseling profession

Clinical Intern | Neurofeedback & Integrated Therapeutic Institute Naperville, IL / May – July 2017

- ✦ Administered biofeedback by applying monitor sensors to specific points on clients' craniums and integrated therapeutic interventions during individual therapy sessions in concert with biofeedback

- ✦ Utilized play therapy during individual therapy sessions with children wrestling with Fetal Alcohol Syndrome Disorder (FASD) and other cognitive deficits caused from abuse/neglect

PROCLAMATION OF DISASTER IN MAINE TOWNSHIP

WHEREAS, Section 11 of the Illinois Emergency Management Agency Act (hereinafter, the “Act”), 20 ILCS 3305/11, authorizes the Township Supervisor of Maine Township (hereinafter, the “Township”) to declare a local disaster; and

WHEREAS, Section 4 of the Act defines a “disaster” as “an occurrence or threat of widespread or severe damage, injury or loss of life or property resulting from any natural or technological cause, including but not limited to...public health emergencies...” 20 ILCS 3305/4; and

WHEREAS, Section 4 of the Act defines a “public health emergency” as “an occurrence or imminent threat of an illness...that: (a) is believed to be caused by...the appearance of a novel...infectious agent...; and (b) poses a high probability of...widespread exposure to an infectious toxic agent that poses a significant risk of substantial future harm to a large number of people in the affected population.” 20 ILCS 3305/4; and

WHEREAS, in late 2019, a new and significant outbreak of Coronavirus Disease 2019 (hereinafter, “COVID-19”), a novel severe acute respiratory illness that can spread among people through respiratory transmissions and present symptoms similar to those of influenza, emerged in China; and

WHEREAS, certain populations are at higher risk of experiencing more severe illness as a result of COVID-19, including older adults and people who have serious chronic medical conditions such as heart disease, diabetes, or lung disease; and

WHEREAS, on January 30, 2020, the World Health Organization (hereinafter, the “WHO”) declared COVID-19 as a Public Health Emergency of International Concern, and, on

March 11, 2020, announced that COVID-19 can be characterized as a pandemic, as the rates of infection continued to rise in many locations around the world and across the United States of America; and

WHEREAS, on March 13, 2020, the President of the United States of America declared that, as of March 1, 2020, COVID-19 constituted a national emergency; and

WHEREAS, on March 9, 2020, the Governor of the State of Illinois determined that the circumstances surrounding COVID-19 constituted a “public health emergency,” and declared that a disaster exists within the State of Illinois; and

WHEREAS, on March 17, 2020, the the Governor of the State of Illinois activated the Illinois National Guard to combat the spread of COVID-19 and to assist the State of Illinois’s response to COVID-19; and

WHEREAS, the WHO has reported 206,668 confirmed cases of COVID-19 and 8,272 deaths attributable to COVID-19 globally as of March 17, 2020; and

WHEREAS, the Centers for Disease Control and Prevention (hereinafter, the “CDC”) has reported 4,226 confirmed cases of COVID-19 and 75 deaths attributable to COVID-19 in the United States of America as of March 17, 2020; and

WHEREAS, the Illinois Department of Public Health (hereinafter, the “IDPH”) has reported 160 confirmed cases of COVID-19, an additional 1,143 persons under investigation in Illinois, and the first confirmed death of an Illinois resident attributable to COVID-19 as of March 17, 2020

WHEREAS, despite efforts to contain COVID-19, the WHO, the CDC, and the IDPH indicate that COVID-19 is expected to spread; and,

WHEREAS, the evidence establishes that the circumstances surrounding COVID-19 constitutes a “public health emergency,” as defined by Section 4 of the Act, and deems it necessary and appropriate to declare, pursuant to Section 11 of the Act, that a “disaster” exists within Maine Township, in order to protect the public health and safety and provide emergency assistance to victims of COVID-19;

NOW, THEREFORE, I, LAURA J. MORASK, Supervisor of Maine Township, Cook County, Illinois, by the authority vested in me by the Illinois Emergency Management Agency Act (hereinafter, the “Act”), 20 ILCS 3305/11, hereby proclaim as follows:

SECTION ONE: INCORPORATION OF RECITALS. The recitals are hereby incorporated into the body of this Proclamation as though fully set forth herein.

SECTION TWO: LOCAL DISASTER. Pursuant to the provisions of Section 10 of the Act, a disaster, as defined in Section 4 of the Act, is hereby declared to exist in the Township.

SECTION THREE: EMERGENCY OPERATIONS PLAN. The Maine Township Emergency Operations Plan is hereby activated, and the Director of the Maine Township Emergency Services Department, or their designee, is authorized, subject to the direction and control of the Township Supervisor, to carry out such functions as may be necessary to manage and coordinate the Township’s disaster response and recovery operations.

SECTION FOUR: EMERGENCY PURCHASING. Pursuant to Section 10 of the Act, the Township Supervisor is hereby authorized to enter into contracts and incur obligations necessary to effectively combat the disaster, to protect the health and safety of persons, protect property, and provide emergency assistance to victims of the disaster, in light of the exigencies of the disaster, and, excepting mandatory constitutional requirements, without regard to the

procedures and formalities normally prescribed by law pertaining to the performance of public work, entering into contracts, the incurring of obligations, the employment of temporary workers, the rental of equipment, the purchase of supplies and materials, and the appropriation, expenditure, and disposition of public funds and property.

SECTION FIVE: EMERGENCY STAFFING. The Township Administrator is hereby authorized, subject to the direction and control of the Township Supervisor, to implement such emergency staffing protocols and procedures as may be necessary for the preservation of public health and safety, and for the preservation of the health of Township employees. Specifically, and without limitation, the Township Administrator is authorized to implement alternative staffing protocols, procedures, and shifts for all Township Departments.

SECTION SIX: COOPERATION. The Maine Township Office of Community Health and the Maine Township Emergency Services Department are hereby directed to coordinate with each other with respect to disaster preparation, response, and recovery operations, with the aid and assistance of all other Township Departments, as necessary, and pursuant to the direction of the Township Supervisor, and, where delegated by the Township Supervisor, the Township Administrator. Further, all Township officials and employees are hereby directed to take all practicable steps to coordinate the resources and emergency operations of the Township with the State of Illinois, the County of Cook, and other local governments in and around the Township, to utilize the resources of all agencies in the area of disaster preparation, response, and recovery operations.

SECTION SEVEN: ADDITIONAL EMERGENCY REGULATIONS. By the authority vested in me pursuant to the Act, I hereby reserve the right to issue additional emergency

regulations and orders in furtherance of this Proclamation. Notice of all such additional emergency regulations and orders will promptly be filed by the Township Clerk in her office, posted to the Township website, and otherwise publicized to the general public.

SECTION EIGHT: PUBLICATION AND FILING. Pursuant to Section 11 of the Act, this Proclamation shall be promptly filed by the Township Clerk in her office, posted to the Township website, and otherwise publicized to the general public.

SECTION NINE: SEVERABILITY. If any section, paragraph or provision of this Proclamation shall be held to be invalid or unenforceable for any reason, the invalidity or unenforceability of such section, paragraph or provision shall not affect any of the remaining provisions of this Proclamation.

SECTION TEN: EFFECTIVE DATE. This Proclamation shall be effective immediately, and shall expire automatically upon the first to occur of: (1) the adjournment of the next regular or special meeting of the Maine Township Board; and (2) 11:59 p.m. on the date that is seven days after the date of this Proclamation; provided, however, that the Township Board may extend the duration of this Declaration by a majority vote at any regular, special, or emergency meeting of the Township Board.

IN WITNESS WHEREOF, I have hereunto set my hand this 18th day of March, in the year two thousand and twenty.

Laura J. Morask, Supervisor
Maine Township



SUPERVISOR'S DIRECTIVE

Supervisor
Laura J. Morask

Date: March 18, 2020

Clerk
Peter Gialamas

To: Maine Township

Assessor
Susan Moylan Krey

From: Laura J. Morask

Re: Emergency Interim Executive Succession

Trustees
David Carrabotta
Kimberly Jones
Claire R. McKenzie
Susan Kelly Sweeney

Administrator
Deana Berman

Pursuant to the Ordinance Providing for Emergency Interim Executive Succession
Section Three: Successor for the Township Supervisor Part 1, I am designating
the Trustees to the following Order of Succession:

- 1.
- 2.
- 3.
- 4.

This Order of Succession is effective today, Wednesday, March 18, 2020.